
The Woman's Club of Vista March 2026 Newsletter

1 message



The Hummingbird's View

A monthly newsletter from the
Woman's Club of Vista

March 2026



Enriching Lives through Philanthropy and Volunteer Service

Calendar - Join Us in March

WCV BOARD MEETING



4 WCV Board Meeting

We will be meeting at Smart Space, 450 So. Melrose Dr., Ste. 100, Vista, at 10:00 AM. All members are welcome. Please RSVP

LizF@thewomansclubofvista.org



6 Fundraisers Lunch

Meet at **11:30am**, at **The Green Dragon Tavern, 6115 Paseo del Norte, Carlsbad**. RSVP Barbara Macpherson, at

BarbaraM@thewomansclubofvista.org



11 General Membership Meeting

Join us at Shadowridge Golf Club, 1980 Gateway Drive, Vista, 10:00am. We will be welcoming Sandra Cima from Honor Flight San Diego.

Register here: <https://thewomansclubofvista.org/event/march-2026-monthly-day-meeting/>

11 Vista Chamber of Commerce Mixer



This month's Chamber Mixer is being held at Rancho Grande El Toro Restaurant - one of our favorite places to meet! Mingle with potential supporters of our Autism Walk! The event runs from 5pm to 7pm.



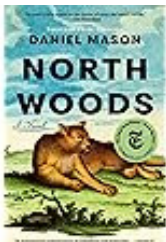
14 Palomar District Board of Directors Meeting - Fallbrook

10am All members are welcome! It's all about pie - we bring one pie to eat and one pie for the raffle! Join us at the historic Fallbrook Woman's Club and learn about your District Federation. \$20 registration fee.

Location: [238 W. Mission Road, Fallbrook](#)

Questions: Donna DiMambro

DonnaD@thewomansclubofvista.org



18 Book Club

Our book for March is one of the NY Times' Best 10 Books of the Year (1923) *North Woods* by Daniel Mason. We meet at Rancho Grande El Toro Mexican Restaurant, [825 Williamston, Vista](#) at 6pm. Everyone is welcome! RSVP Susan Duey at SusanD@thewomansclubofvista.org



21 Bunco Party

Join us at the home of Barbara Macpherson, 1pm

[978 Bel Air Dr. E, Vista](#)

Limited to 16 so RSVP early!

RSVP: BarbaraM@thewomansclubofvista.org



25 WCV @ NIGHT

Join us at the Shadowridge Golf Club, 6pm, [1980 Gateway Drive, Vista](#). The Penguin Flock will be putting on an entertaining evening with a St. Patrick's Day theme. Join us for live Irish dancers, Bingo and other fun surprises.



28 District Fundraiser - Hills of Gold Equine Sanctuary - Lunch with horses

11am. The Hills of Gold Equine Sanctuary is located on the way to Julian in the beautiful back country. Come visit the senior horses, enjoy a catered lunch with a view, interact one on one with the horses, and enjoy a horse show with silly horse tricks - it's a one of a kind fundraiser! \$50 per person \$40 to the horses an \$10 to the District) - bring the kids! Register now - 30

person Maximum

<https://www.zeffy.com/en-US/ticketing/hills-of-gold-equine-retirement-sanctuary-fundraiser>

SAVE THE DATE!

April 12th - Fun Walk For Autism Awareness, Vista Civic Center

April 24th - Volunteer Opportunity With The North County Food Bank

April 28th - Palomar District Convention, Shadowridge Golf Club

May 3rd - Honor Flight San Diego greet the Veterans at San Diego Airport
May 13th - Donation/Scholarship Day, Alta Vista Botanical Gardens

Visit the Full Calendar



The Woman's Club of Vista

You're Invited!
March 11th, 2026, 10am Meeting
Shadowridge Golf Club
1980 Gateway Dr, Vista



**Our guest speaker: Sandra
Cima of Honor Flight San Diego**



**May 1st is the next Honor Flight leaving
from San Diego International Airport for
Washington DC!**

**Come learn what it's all about and how
WCV can be a part of this inspirational
event honoring our Veterans.**

\$27 includes lunch and program

RSVP: thewomansclubofvista.org

Click here to register for the March 11th meeting

WCV @ Night
March 25th Meeting, 6pm
Shadowridge Golf Club
1980 Gateway Dr., Vista

**A Wee Bit of Fun! Celebrate
St. Patrick's Day with live
Irish Dancers and Bingo!**

\$27 includes dinner and program

RSVP: thewomansclubofvista.org



WCV Officers' Messages



WCV President: Liz Franciscus

lizf@thewomansclubofvista.org



My theme this year reflects the image of the hummingbird - “Grace in Motion, Power In Flight,” let’s all be like lovely hummingbirds - beautiful to look at and a powerful force when we join together!

Happy Women's History Month! This March, we don't just look back at the trailblazers who came before us, including our revolutionary founder, Jane Crowley; we celebrate the history we are making right now.

From our upcoming Autism Walk to the many blankets we've made for Vista Community Clinic, every act of service is a stitch in the fabric of our club's legacy.

This month we will be learning about **Honor Flight San Diego**- a wonderful organization that honors our Veterans by giving them the opportunity to visit Washington DC and to see the memorials that commemorate the wars that they fought in. It's a time to remember their fallen comrades and to be celebrated by their country for their sacrifices -and we can become part of the celebration! Learn how at our March 11th day meeting!

WCV @ Night - the Penguin flock has planned a fun evening in the spirit of St. Patrick's Day! We have actual live Irish dancers coming from the O'Connor Kennedy Academy of Irish Dance to entertain us followed by some St. Patrick's Day Bingo with prizes! Don't miss this fun event! Come out and support the Penguins! Wear green!



1st VP Dean: Donna DiMambro

donnad@thewomansclubofvista.org

Lead Like a Four-Leaf Clover

At the Woman's Club of Vista, leadership grows in friendship. Like a rare four-leaf clover, our strength is found in four qualities: **Faith in our mission, Hope for our community, Love in our service, and the Courage to Lead**

When we step forward to support one another, and share our gifts, something powerful happens- we don't just volunteer- we inspire, mentor and lead. Starting NOW be the fourth leaf.

There is a committee for you! Look at the great things we are accomplishing, join in and feel the pride in serving our community.

As we head into Spring, look for that pot of gold at the end of the rainbow, as you give back, it may be easier to find than you think.

Step up, Shine Bright and Lead with Heart!

2nd VP Membership

WCVistaMembership@gmail.com

Leadership and Legacy

Like the women before us, we rise, we serve, we lead. This is Women's History Month, we celebrate the legacy of these women by growing our membership, welcoming new voices, and mentoring the next generation of leaders. Invite a friend to help our legacy bloom.

We now have close to 70 members, but it only works if you are active and attend either the general meeting or night meeting. If you have not been at one of these meeting lately, WE MISS YOU! We've welcomed so many new ladies this past year and we love seeing them joining in and giving service to our community. We can learn so much from each other.

We had so much fun making beaded bracelets for the Autism Walk and want to start a sewing group to make blankets and teddy bears for VCC. Tell us what you want from us and let's make it happen!

Grow the Membership. Grow the Leadership. Grow the Legacy

Welcome New Members

Britt Rucker

Britt found our Book club on the Vista Chamber of Commerce website. She had such a great time at the Book Club she joined WCV that night! She has jumped right in by coming to the Autism Walk Bead Bracelet get together and she even bought a WCV t-shirt. Britt is married and has 2 cats. She loves nature, traveling, learning, playing games and much more. We may even ask her to show us how she creates macrame wall hangings! Welcome to your new adventure Britt!





WCV@Night and WHRC Chairman: Sonja Hults

cfwcsonjahults@gmail.com, 760-716-5315



WCV 4th VP Fundraising Chairman Barbara Macpherson

BarbaraM@thewomansclubofvista.org

RAISE RIGHT AND BIRTHDAY BUCKS

Thanks to all our wonderful members who supported the fund-raising opportunity provided by Panera Bread on Hacienda in Vista. WCV members and friends/families spent \$335.09 – providing our Club with \$67.02. Every little bit helps!

Members who participate in the RaiseRight program through the purchase of gift cards, booking travel plans or dining out at local restaurants who are part of the RaiseRight programs raised in excess of \$150.00 for the month of February. If YOU also would like to help our Club raise funds to contribute to our scholarship and donation programs, our RaiseRight 'heroine' for the month is Sheila Mata. I am certain she would be happy to share her secrets!

We will be having our monthly Friendraisers Luncheon March 6 th at 11:30 at The Green Dragon in Carlsbad. This restaurant participates in the RaiseRight program so we will

be able to raise 5% of our lunch expenditure for the Club. For any who have not signed up for RaiseRight or linked a credit Card for the local dining 5% option, there are several of us who have. We will be happy to purchase your lunch on our cards and have you pay back in cash.

Our Birthday Bucks program is still another way you can help! Please consider donating to WCV an amount equal to your age at your upcoming birthday.

As we move into travel months ahead, consider investigating how you can utilize RaiseRight for hotel and travel reservations to benefit WCV. It is SO simple and can greatly help us avoid tapping into other funds for our philanthropy work!

Donate To Birthday Bucks Here

Sign up here to participate in RaiseRight:

Link: <https://www.raiseright.com/enroll/3MAC4MA7E4UC>

Please direct questions to Barbara Macpherson at BarbaraM@thewomansclubofvista.org or phone (626-297-9647). I'm happy to help you sign up!



Treasurer and Finance Chair: Nancy B Jones

NBJones@thewomansclubofvista.org

Two more WCV CDs matured in February and we are keeping our returns strong. The interest we earn from our CDs supports our Scholarships and Donations in May. We just received a donation from a Foundation to support Scholarships for Rancho Buena Vista students. Last year the funds from the Foundation were awarded to seven students in addition to our club's ten scholarships.

YOU can help our Club finances by adding in the fee when you register, pay, or donate ONLINE. The \$27 meal has fees of \$1.50 that you can add - and the actual fee the club pays is 20 cents more than that. It may be "a cost of doing business" but you can help every time you pay online by paying the suggested fee. During 2025, the club paid \$450 in fees.

WCV Program Chairmen's Updates

Advocates For Children Chairman

Donna DiMambro

DonnaD@thewomansclubofvista.org

The Autism Walk planning is in full swing. Our committee has been working hard and we have 8 Sponsors and 17 Exhibitors signed up with over 20 Raffle Prizes ready to be won. Now is the time to pass the word to your family, friends and co-workers that registration is open. **Just visit our Autism Website**



www.vistawalkforautism.org and sign up to walk or donate. We hope to give families that are trying to navigate through an Autism diagnosis the tools to find the best path for them. Hope to see you on April 12th!

**The Woman's Club of Vista
3rd Annual Walk for Autism
Awareness and Acceptance**



**Sunday April 12, 2026
11am-2pm
Vista Civic Center**

**Pre-Register
to walk with us
vistawalkforautism.org**



**Fun event for the whole family
Vendors, Children's Table,
Family resources and prizes**

**Together we shine
one step at a time**



The Woman's club of Vista is a 501 (c) (3) non profit
Donations will go to local Autism non-profit organizations

For more information



**Civic Engagement and Outreach Chairman -
Liz Franciscus**

LizF@thewomansclubofvista.org

March 11 Vista Chamber of Commerce Mixer

This month's Chamber Mixer is being held at the Rancho Grande El Toro Mexican Restaurant - a fun place to meet and greet. Come out and mingle with local businesses and tell them about our club! The event runs from 5pm to 7pm.

**SAVE THE DATE - North County Food Bank - April 24th from 9am to 11am.
We need 12 volunteers! RSVP LizF@thewomansclubofvista.org**

If you are unable to volunteer at the Food Bank - you can still support their efforts to combat hunger by donating to their "Nut Butter" drive. Details below!



Buy A Jar of Peanut Butter For The Food Bank here



**Domestic Violence
Chairman - Donna Weber**
DonnaW@thewomansclubofvista.org



Several of our members had the opportunity to visit Alabaster Jar Project after their Executive Director, Jessica Elliott-Pomerence spoke at our January 2026 General Day meeting. A few more of us would like to visit this local nonprofit dedicated to empowering human trafficking survivors. If you are interested in joining, please contact DonnaW@thewomansclubofvista.org



Environment Chairman - Nancy B Jones "Farmer Jones"
farmerjonesavbg@gmail.com

EARTH DAY AT AVBG is coming right up on April 18th! This FREE event features a Plant Sale, vendors, kids' activities, food, music, and dance, along with environmental information. We are in our 17th year of bringing families outdoors to learn about and enjoy nature! If you can join us for a couple hours, the WCV will have a membership booth and you can share our wonderful club with the visitors! We'd love to have your help prepping and supervising a craft for the kids that day!

If you are interested in working with **Kids in the Garden** at Alta Vista Botanical Gardens or have questions, please contact farmerjonesavbg@gmail.com. We welcome and appreciate volunteers to help with classes, field trips, and Festivals. The Woman's Club of Vista is a Lifetime Member of the Gardens so you are welcome to visit at any time - if there's an attendant at the entry gate, you just need to identify the name of our President. The Gardens are open daily for your visit - rain or shine - to see our lineup of 24 new scarecrows and take an invigorating hike!



Education and Libraries Chairman - Kati Mendoza

KatiM@thewomansclubofvista.org



Dr. Hope, author of numerous children's books, made another generous donation to our Bubbles and Books project! Dr. Hope's award-winning and empowering storybooks address self-esteem, teach children the power of believing in themselves, the joy in helping others, the love of laughter, to always try their best, and the benefits of living in the present moment. Thank you Dr. Hope!



Legislation/Public Policy Chairman

Judy Pantazo

JudyP@thewomansclubofvista.org



Health and Wellness Chairman - Raschel Kloos

RaschelK@thewomansclubofvista.org



Stress, overstimulation, and nonstop schedules can leave your nervous system fried like an overworked phone battery. This month, try one simple reset: slow breathing, gentle stretching, or even five minutes of silence a day. Small pauses tell your body it's safe, supported, and allowed to exhale. Less stress, better sleep, clearer thinking, and yes... more patience for humans.

Consider it self-love with actual benefits.



Book Club Section Chairman and ESO Chairman Susan Duey

Susand@thewomansclubofvista.org

Hello Booklovers:

Our recent book club meeting was vibrant and excellent. We discussed the Book *Swan Song* by Elin Hilderbrand. The swan song is a metaphorical phrase for a final gesture, effort, or performance given just before death or retirement. The phrase refers to an ancient belief that swans sing a beautiful song just before their death while they have been silent (or alternatively not so musical) for most of their lifetime.

Did the main character die? Was it truly a Swan Song? Is it just heart attack where he will survive to live in another book? Some of our members are familiar with the Nantucket island, and we bounced around ideas for the movie version – who would be the leading role? However, it was interesting that we all interpreted the final chapter. The themes and ideas we explore open us to insights on how we view the world.

If you haven't been to our book club yet, you are invited to attend even if you haven't finished the book. We have extra copies of our books that we have read that you can borrow.

We had two guests who added some wonderful insight, and they enjoyed our group and said they would be back next month. One of them, Britt Rucker, has just joined the club!

In March, our book is *North Woods* by Daniel Mason.

In April, - *Ordinary Grace* by William Kent Krueger

In May, *Educated* by Tara Westover

WCV Book Club Schedule: Meets the 3rd Wednesday, monthly from 6 pm to 8 pm at Rancho Grande El Toro Restaurant, 825 Williamston St, Vista, C 760-716-4846

What is ESO?

ESO stands for Epsilon Sigma Omicron. It is a special reading program encouraging education and literacy. ESO requires a free membership at the CFWC (state) level. To join, complete a pledge form and have it signed by your club ESO Chairman (Susan D.) and your District ESO Chairman. Then you can forward it to the CFWC Chairman, Reggie Mattox. For more information click on the tab below which will take you to our website.

[Learn About ESO](#)

Social Chairman - Kati Mendoza

KatiM@thewomansclubofvista.org

Bunco at Barbara Macpherson's Home - March 21st, 1pm, \$5

978 Bel Air Drive E, Vista - 16 person maximum

RSVP: BarbaraM@thewomansclubofvista.org



Donation Day Committee Chairman Nancy B Jones

The Donation Day Committee received 17 nominations for donations to local non-profits. The Committee met and will recommend the distribution of \$14,500 for Board approval. Thanks to our Committee: Liz Franciscus, Judy Pantazo, Joy Stefano, Judy Stevens, Gail Baker, Jessica Hamdi, and Chair Nancy B Jones.

Calling all members - please let us know how you can help with the exciting May 13 Donation and Scholarships event! Judy Stevens has visited businesses in the community and has filled six beautiful and generous raffle baskets - so please support the raffle and scholarships by buying tickets! All members are welcome to join in with the Donation and Scholarships event Committee to help with decorating, providing centerpieces, running the raffle, and organizing and serving the food. Every member needs to pitch in - especially at clean-up time! Please step up and let Nancy Jones know how you can help!

Nbjones@thewomansclubofvista.org

District, Area, CFWC, and GFWC News

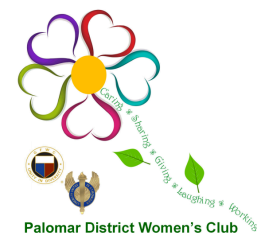
Palomar District and Area D News

The Woman's Club of Vista is a member of GFWC Palomar District Federation in Area D of CFWC, Western States Region, and GFWC.

March 14th, 10:00am, Palomar District Board of Directors Meeting - Fallbrook Woman's Club, 238 W. Mission Road, Fallbrook. All members are welcome! It's all about pie - we bring one pie to eat and one pie for the raffle! Join us at the historic Fallbrook Woman's Club, stuff goody bags for kids, and learn what's coming up for our Palomar District. \$20 registration fee.

RSVP: **DonnaD@thewomansclubofvista.org**

Sign up here to receive the District Newsletter, The Telescope. **<https://gfwcpalomardistrict.org/member-resources/newsletter-palomar-district-telescope/>**



Check out the new Palomar District Website:

<https://gfwcpalomardistrict.org/>

Check out the Members' Only section of the website to view some of the past Gateway Learning Series webinars.

<https://thewomansclubofvista.org/members-only/>



Palomar District Fundraiser



March 28th, 11:00am*
3545 Calico Ranch Rd, Julian

Catered lunch with a view
Interact with the horses
Horse show with silly tricks

\$50 Per Person For A
Memorable Experience
Bring the kids!



* weather permitting

Reservations: Lizfranciscus@thewomansclubofvista.org
(Don't wait! 30 Person Maximum)

"Our mission is to give Senior Horses the best possible quality of life in their golden years while preserving the wildlife and native landscape that shares their land."

[Click here to register for Fundraiser](#)

CFWC News

CFWC Environment Chairman
Nancy B Jones farmerjonesavbg@gmail.com

WC Vista is collecting your clinking pennies and silent dollars for **Penny Pines**, the reforestation program for our National Forests in California. With so many wildfires, the need for new trees and forest care is stronger than ever! Bring your Penny Pines donations to the DAY and the NIGHT meeting - if you can support the NIGHT meeting collection for Penny Pines , let me know!

Nancy B Jones

CFWC Environment Chair 2024-2026

GROWING AND GRINNING WITH GFWC!

(760) 822-6824 NBJones@thewomansclubofvista.org

Sign up here to get the weekly CFWC QuickBytes. <https://www.cfwc.org/publications/quickbytes/>

Read the latest issue of **California Clubwoman here.**

GFWC News

Sign up here to get GFWC News and Notes
<https://www.gfwc.org/news-notes/>

Read the latest issue of **GFWC ClubWoman Magazine here.**



WCV February Activities

February Day Meeting Highlights

It was a lovely day for a Valentine's Day Party! And Girl Scout Cookies for dessert! Our guest speaker was Tracy Slepcevic, author of *Warrior Mom: A Mother's Journey in Healing Her Son With Autism*. Tracy spoke to us about her knowledge of alternative medicine and nutrition. It was a full meeting - lots of great things coming up!



February Day Meeting





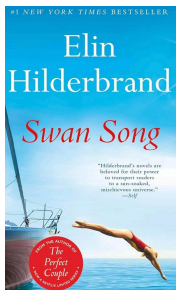
WCV @ NIGHT FEBRUARY MEETING featured Leisa Grajek and Seiger the wonder dog



K9 GUARDIANS



Members also had
fun decorating
greeting cards for our
active military



February Book Club

Our Book Club selection for February was *Swan Song* by Elin Hilderbrand, one of our favorite authors. We welcomed two guests who found out about the club on social media and have decided to join the club! As always, we had a lively discussion about the characters and the beautiful setting in Nantucket.

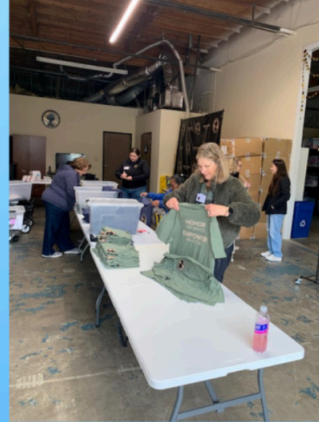


*Valentine's Day Party
February 14th*



A group of approximately ten women are seated around a round table covered with a red tablecloth. They are all smiling and looking towards the camera. The table is set with plates of food, glasses, and a small vase of flowers. The background shows a kitchen area with wooden cabinets and a window with blinds. The entire scene is framed by a decorative border of red hearts.

Volunteering At Foundation For Women Warriors



Making Teddy Bears For Vista Community Clinic

Cate Prest, Barbara Macpherson, Bina Kozak, and Liz Franciscus spent the morning with former CWONC members making flannel teddy bears to be donated to VCC. Lots of fun!





February Friendraisers Lunch At Belching Beaver Tavern in Vista



Fun Times Making Bracelets At Donna D's House For The Autism Fun Walk!



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The Woman's Club of Vista GFWC | POB 91 | VISTA, CA 92085 US

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